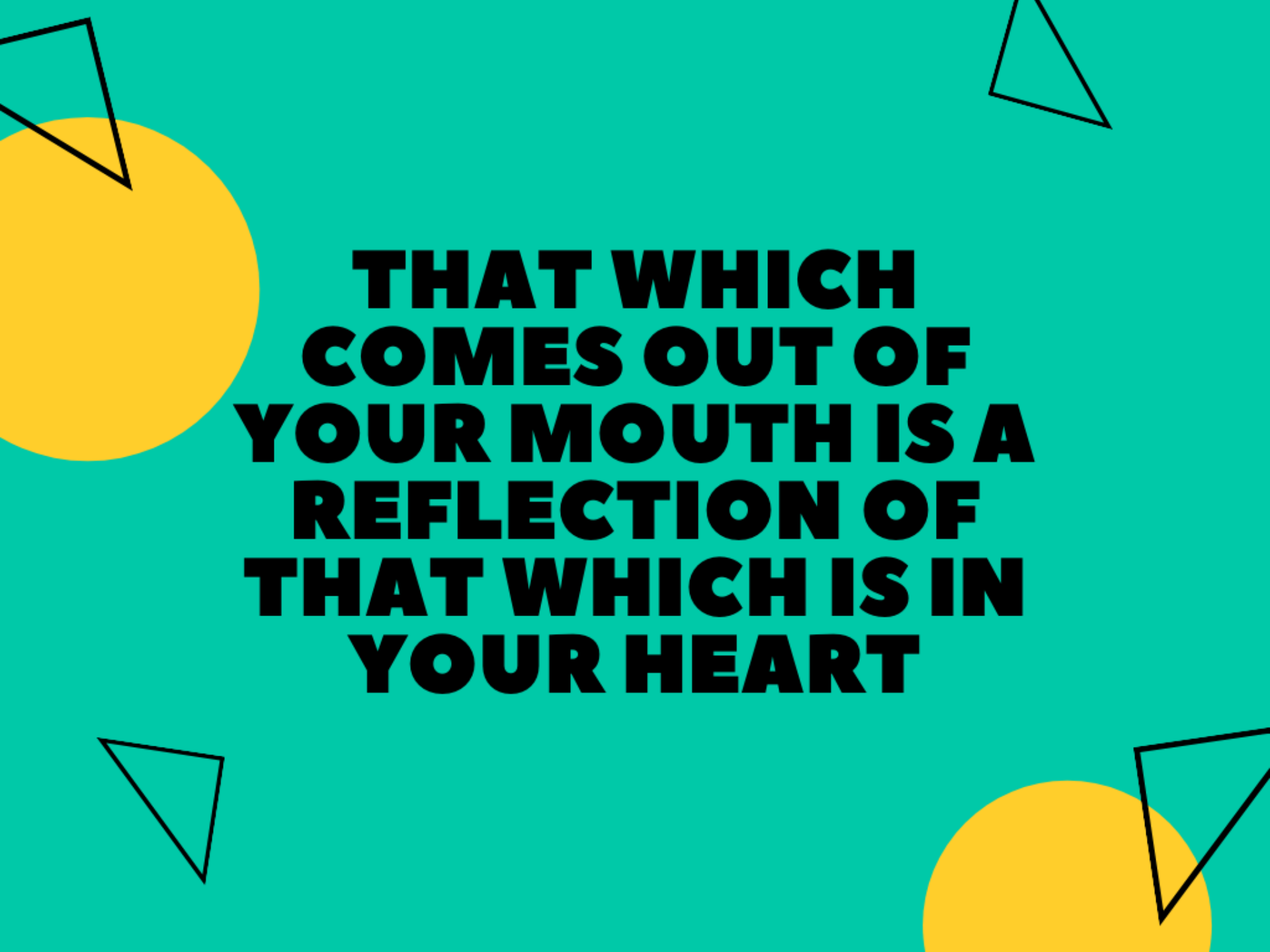


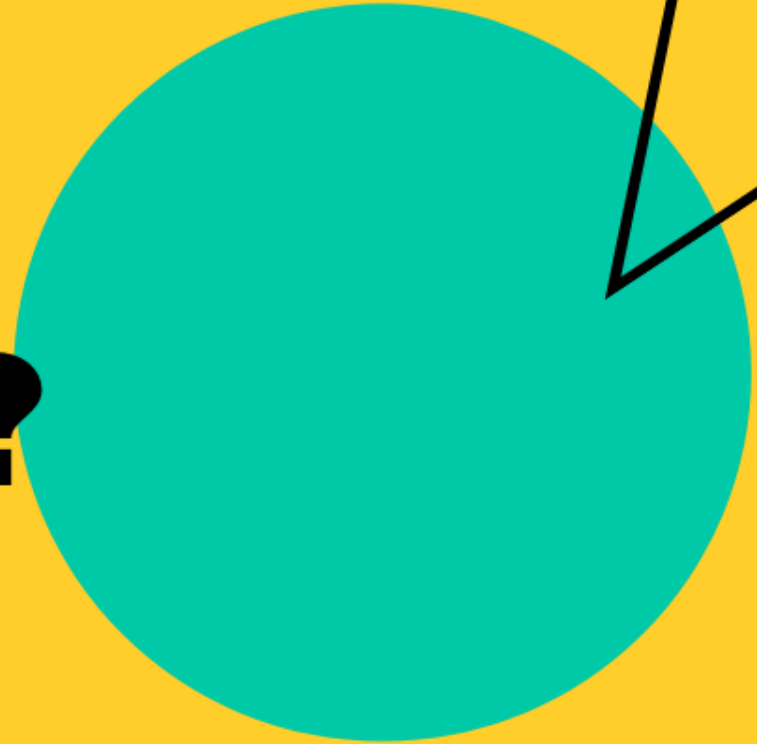


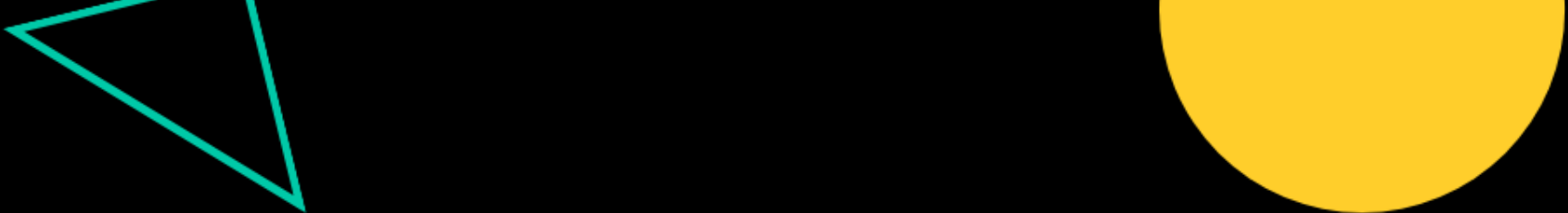
**MATTHEW**  
**15:10-20**



**THAT WHICH  
COMES OUT OF  
YOUR MOUTH IS A  
REFLECTION OF  
THAT WHICH IS IN  
YOUR HEART**

**WHAT  
YOU SAY?**





**Do not let any unwholesome talk  
come out of your mouths, but only  
what is helpful for building others  
up according to their needs, that it  
may benefit those who listen.**

**Ephesians 4:29**





**01**

# **THE REALITY OF UNWHOLESOME TALK**

**'SAPROS'**

**CORRUPTED;  
NOT FIT FOR USE;  
POOR QUALITY;  
WORTHLESS**



“

**BE MINDFUL WHEN IT  
COMES TO YOUR  
WORDS. A STRING OF  
SOME THAT DON'T  
MEAN MUCH TO YOU,  
MAY STICK WITH  
SOMEONE ELSE FOR A  
LIFETIME**

**RACHEL  
WOLCHIN**



# THE CALL TO WHOLESOME TALK

KNOW  
WHAT TO  
SAY



02



**WE'LL NEVER  
KNOW WHAT TO  
SAY UNTIL WE  
SET ASIDE TIME  
TO LISTEN**





# THE CALL TO WHOLESOME TALK

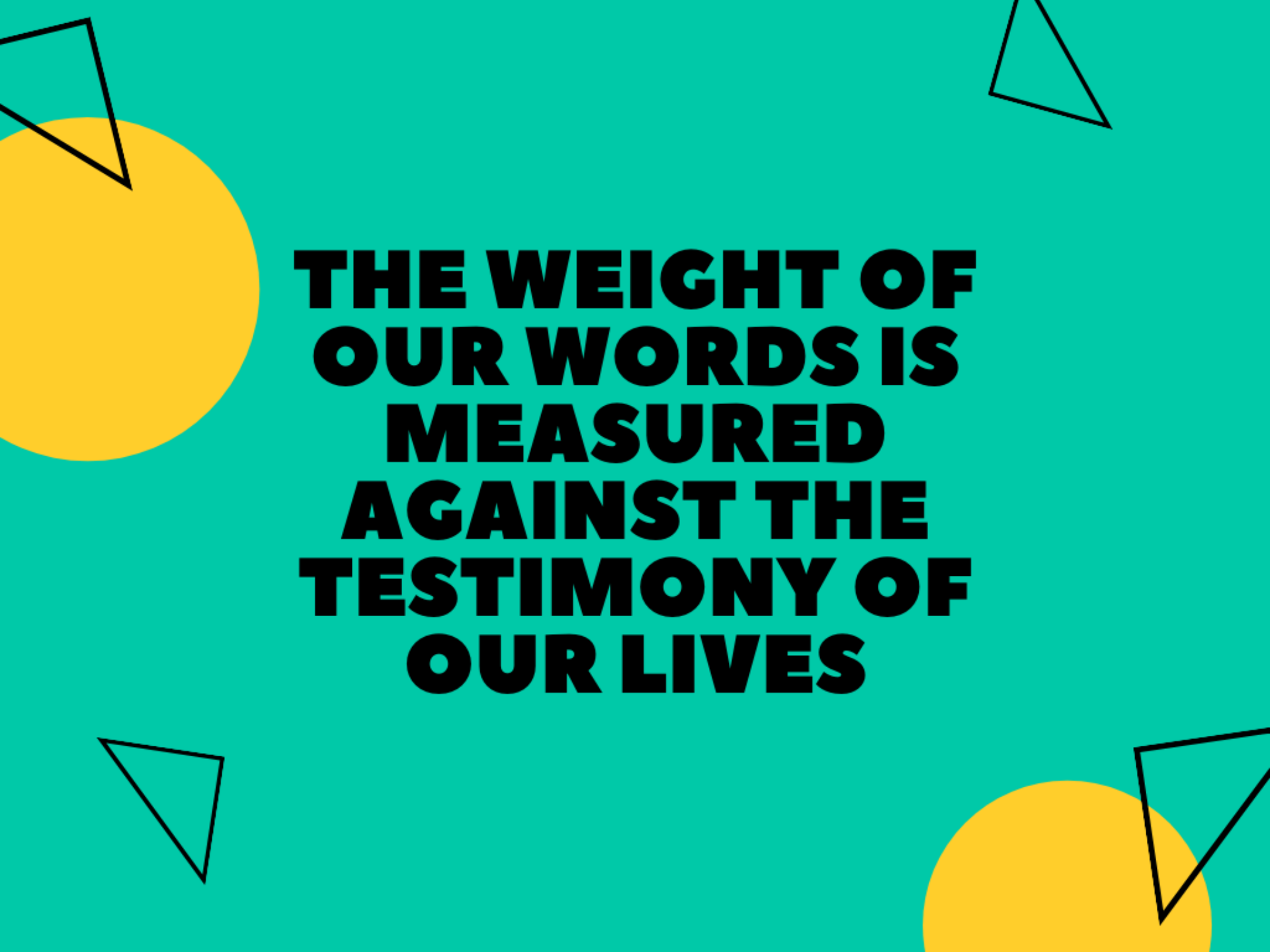
**KNOW  
WHAT TO  
SAY**

**BE BOLD  
ENOUGH TO  
SAY IT**

**BE CREDIBLE  
ENOUGH TO  
SAY IT**



# 02



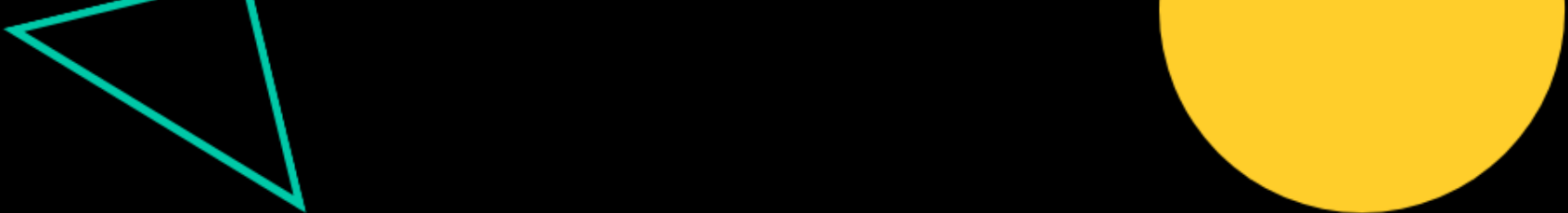
**THE WEIGHT OF  
OUR WORDS IS  
MEASURED  
AGAINST THE  
TESTIMONY OF  
OUR LIVES**



“

**ONE KIND WORD  
CAN CHANGE  
SOMEONE'S  
ENTIRE DAY**

**UNKNOWN**



My son, pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one's whole body.

Above all else, guard your heart, for everything you do flows from it.

Proverbs 4:20-23

