



# 3 Days

## PRAYER AND FASTING

- Total Fast
- Partial Fast
- 1-Meal Fast
- Beverage Fast
- Daniel Fast
- Esther Fast

Life

***“My mom always said life was like a box of chocolates.  
You never know what you're gonna get”***



**God (Yahweh) as the Source and Sustainer  
of Life.**

# Old Testament LIFE is CHAY

- And the LORD God formed man *of* the dust of the ground, and breathed into his nostrils the breath of **life**; and man became a living soul. (Gen 2:7)
- The LORD God made all kinds of trees grow out of the ground—trees that were pleasing to the eye and good for food. In the middle of the garden were the tree of **life** and the tree of the knowledge of good and evil. (Gen 2:9)

Then the angel showed me the river of the water of life, as clear as crystal, flowing from the throne of God and of the Lamb <sup>2</sup> down the middle of the great street of the city. On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. And the leaves of the tree are for the healing of the nations. <sup>3</sup> No longer will there be any curse. The throne of God and of the Lamb will be in the city, and his servants will serve him. <sup>4</sup> They will see his face, and his name will be on their foreheads. <sup>5</sup> There will be no more night. They will not need the light of a lamp or the light of the sun, for the Lord God will give them light. And they will reign for ever and ever.

Rev 22:1-5




<sup>12</sup> “Look, I am coming soon! My reward is with me, and I will give to each person according to what they have done. <sup>13</sup> I am the Alpha and the Omega, the First and the Last, the Beginning and the End.

<sup>14</sup> “Blessed are those who wash their robes, that they may have the right to the tree of life and may go through the gates into the city.

Rev 22:12-14




# New Testament LIFE is ZOE

- In the beginning was the Word, and the Word was with God, and the Word was God. <sup>2</sup> He was with God in the beginning. <sup>3</sup> Through him all things were made; without him nothing was made that has been made. <sup>4</sup> In him was life, and that life was the light of all mankind. (John 1:1-4)
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# LIFE AND LIGHT

- The LORD is my light and my salvation—  
whom shall I fear?  
The LORD is the stronghold of my life—  
of whom shall I be afraid? (Psalm 27:1)
  - <sup>9</sup> For with you is the fountain of life;  
in your light we see light. (Psalm 36:9)
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**For to me to live is Christ, and to die is gain**


Philippians 1:21

Our purpose - live wholly and unreservedly for Christ as we reflect on what He has done for us.




# 1. Life Is About Relationships, Not Accomplishments

If you are a follower of Christ Jesus . . . all that matters is your faith that makes you love others”  
(Galatians 5:6 CEV).








## 2. Life Is about making the right choices, choose wisely


<sup>19</sup> This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live <sup>20</sup> and that you may love the LORD your God, listen to his voice, and hold fast to him. For the LORD is your life, and he will give you many years in the land he swore to give to your fathers, Abraham, Isaac and Jacob. (Deut 30:19)





3. Life is not easy, but it does not  
need to remain difficult

In him was life, and that life was the light of all  
mankind. (John 1:4)



# 4C's of Life Group @ ZFGC

- Community
- Commitment
- Communion
- Connection



